



Books and Other Resources

Bittersweet, Lamb

Extensive resource manual to assist in planning farewell rituals when a baby dies.

Death of a Dream, Emy & Emy

Information, understanding, ideas and hope for parents who have experienced miscarriage, stillbirth or newborn loss.

Empty Arms: Coping with Miscarriage, Stillbirth, and Infant Death, Ilse

Hope-filled guide for parents and families, as well as caregivers.

Empty Cradle, Broken Heart, Davis

Comprehensive look at the wide range of experiences following the death of a baby, offering ways to cope.

Healing Together: For Couples Whose Baby Dies, Lister and Lovell

Encourages couples to share their grief while respecting one another's different styles of expression.

Miscarriage: A Shattered Dream, Ilse and Burns

Medical information, emotional support, and helpful suggestions.

Molly's Rosebush, Cohn

A Storybook to validate children's feelings after a miscarriage in the family.

Our Stories of Miscarriage, Falder and Fitton

50 accounts of people's experience with miscarriage.

The SIDS Survival Guide, Horchler and Morris

Complete resource with critical information about surviving a SIDS death.

Silent Sorrow: Pregnancy Loss, Kohn and Moffitt

Thorough presentation of concerns related to all kinds of pregnancy losses.

Tear Soup, Schwiebert and DeKlyen

A story for adults and children about the healing journey through grief.

Understanding Your Grief, Alan Wolfelt

Ten essential touchstones for finding hope and healing your heart.

Unsung Lullabies: A Parents' Guide to Healing after Childbearing Loss, H.A.N.D.

Lots of suggestions and information about mourning a baby, coping with grief and moving on.

When Hello Means Goodbye, Schwiebert and Kirk

Poetic, helpful guide for parents whose child dies before, at, or shortly after birth.

The Worst Loss: How Families Heal from the Death of a Child, Rosof

Includes both infant and child loss. Child psychotherapist uses research results to help parents and families.

www.amendinc.com *Aiding Mothers and Fathers Experiencing Neonatal Death (AMEND)*

This group offers a free telephone counseling service to parents who have experienced the loss of an infant through miscarriage, stillbirth, or neonatal death.

www.honoredbabies.org *Honored Babies* offers a place where mothers (and grandmothers) whose babies have died can add their babies to an online memorial, join an online support group e-mail list or submit their story for book publication.

www.nationalshareoffice.com *SHARE Pregnancy and Infant Loss Support's* mission is to serve those who are touched by the tragic death of a baby through miscarriage, stillbirth or newborn death. The web site offers packets of grief literature, information on local chapters, bi-monthly newsletter and an on-line chat room.

www.sidscenter.org *National SIDS Resource Center* provides information services and technical assistance on sudden infant death syndrome and related topics.

www.handonline.org *Helping After Neonatal Death* offers newsletter, volunteers who've had similar experiences to talk to, resource lists, and articles.

If you would like to talk with someone at Iowa City Hospice about your grief, please call us at (319) 351-5665 or 1-800-897-3052 or go to our website, www.iowacityhospice.org.